

Enjoy organic greens, locally-raised meat, and quality ingredients together in delicious meals—always made from scratch. Fill your day with the food and flavors that are grown, made and shared with care and conscience.

## BREAKFAST SERVED ALL DAY

### VEGETARIAN

#### WEDGE BREAKFAST BURRITO or BOWL

eggs, black beans, brown rice, cheese,  
tomato, spinach, avocado, salsa, sour cream,  
in a WedgeMade tortilla

**\$7**

### VEGETARIAN

#### BREAKFAST TACO

eggs, avocado, cheese, salsa on WedgeMade tortilla

**\$3.50**

### VEGETARIAN

#### EGG & CHEESE CROISSANT

eggs, cheddar cheese on a  
Rustica croissant  
(add bacon for \$1)

**\$5**

### VEGETARIAN

#### RISE BAGEL & SPREAD

Rise bagel, toasted or untoasted with plain  
cream cheese or scallion cream cheese

**\$3.25**

#### SMOKED SALMON BAGEL SANDWICH

scallion cream cheese, smoked  
salmon, capers, cucumber,  
tomato, on a Rise bagel

**\$7**

#### BACON BAGEL SANDWICH

scallion cream cheese, bacon,  
tomato, on a Rise bagel

**\$5**

## BURRITOS BOWLS

### VEGETARIAN

#### WEDGE BURRITO or BOWL

black beans, brown rice, cheese,  
red onion, tomato, romaine,  
avocado, salsa, sour cream,  
in a WedgeMade tortilla

*protein options: ropa vieja  
grass-fed beef or Kadejan  
ground chicken*

**\$8**

### VEGAN

#### AVOCADO BURRITO OR BOWL

black beans, brown rice, red  
onion, tomato, avocado, salsa,  
in a WedgeMade tortilla

**\$6**

### VEGETARIAN

#### GODDESS BOWL

quinoa, spinach, radish,  
avocado, goat cheese, maple  
black pepper pepitas, green  
goddess dressing

*suggested protein →  
smoked salmon \$3*

**\$8**

### VEGAN

#### MAYAN GRAIN BOWL

kale, quinoa, roasted sweet  
potatoes, black beans, avocado,  
crispy shallots, avocado dressing

**\$8**

### VEGAN

#### THAI PEANUT BOWL

spring mix, brown rice,  
shredded carrots, cucumber,  
pickled onion, chili lime peanut  
sauce, cilantro, peanuts

*suggested protein → tofu \$2*

**\$7**

#### BUILD YOUR OWN BURRITO OR BOWL

customize your burrito or bowl

**\$8**

### ADD A PROTEIN

chicken, ground or rotisserie \$3  
ropa vieja grass-fed beef \$3  
smoked salmon \$3  
tempeh or tofu \$2

## SANDWICHES

### VEGETARIAN OPTION

#### SMOKED TURKEY & PORTOBELLO MELT

smoked turkey, marinated portobello  
mushroom, smoked provolone, spinach,  
ginger garlic aioli, on a WedgeMade baguette

**\$8**

### VEGAN

#### POPCORN TOFU PO'BOY

popcorn tofu, lettuce, tomato, pickled red  
onion, ginger garlic aioli, sriracha lime mayo,  
on a WedgeMade baguette

**\$8**

### VEGETARIAN OPTION

#### REUBEN

choice of protein, sauerkraut, swiss cheese,  
Russian dressing on WedgeMade swirl rye

*protein options: corned beef,  
turkey or tempeh*

**\$8**

#### BUILD YOUR OWN SANDWICH

customize your sandwich

**\$8**