

Enjoy organic greens, locally-raised meat, and quality ingredients together in delicious meals—always made from scratch. Fill your day with the food and flavors that are grown, made and shared with care and conscience.

## BREAKFAST SERVED ALL DAY

### VEGETARIAN

#### WEDGE BREAKFAST BURRITO or BOWL

eggs, black beans, brown rice, cheese, tomato, spinach, avocado, salsa, sour cream, in a WedgeMade tortilla

**\$7**

### VEGETARIAN

#### BREAKFAST TACO

eggs, avocado, cheese, salsa on WedgeMade tortilla

**\$3.50**

### VEGETARIAN

#### EGG & CHEESE CROISSANT

eggs, cheddar cheese on a WedgeMade croissant  
*(add bacon for \$1)*

**\$5**

### VEGETARIAN

#### RISE BAGEL & SPREAD

Rise bagel, toasted or untoasted with plain cream cheese or scallion cream cheese

**\$3.25**

#### SMOKED SALMON BAGEL SANDWICH

scallion cream cheese, smoked salmon, capers, cucumber, tomato, on a Rise bagel

**\$7**

#### BACON BAGEL SANDWICH

scallion cream cheese, bacon, tomato, on a Rise bagel

**\$5**

## BURRITOS BOWLS

### VEGETARIAN

#### WEDGE BURRITO or BOWL

black beans, brown rice, cheese, red onion, tomato, romaine, avocado, salsa, sour cream in a WedgeMade tortilla

*protein options: ropa vieja grass-fed beef or Kadejan ground chicken*

**\$8**

### VEGAN

#### AVOCADO BURRITO OR BOWL

black beans, brown rice, red onion, tomato, avocado, salsa, in a WedgeMade tortilla

**\$6**

### VEGETARIAN

#### GODDESS BOWL

quinoa, spinach, pea shoots, radish, avocado, goat cheese, maple black pepper pepitas, green goddess dressing

*suggested protein → smoked salmon \$3*

**\$8**

### VEGAN

#### MAYAN GRAIN BOWL

kale, quinoa, roasted sweet potatoes, black beans, avocado, crispy shallots, avocado dressing

**\$8**

### VEGAN

#### THAI PEANUT BOWL

spring mix, brown rice, shredded carrots, cucumber, pickled onion, chili lime peanut sauce, cilantro, peanuts

*suggested protein → tofu \$2*

**\$7**

#### BUILD YOUR OWN BURRITO OR BOWL

customize your burrito or bowl

**\$8**

### ADD A PROTEIN

chicken, ground or rotisserie \$2

ropa vieja grass-fed beef \$2

smoked salmon \$3

tempeh or tofu \$2

peanut chicken satay \$3

## SANDWICHES

#### CHICKEN SATAY SANDWICH

peanut chicken, spicy cucumber relish, red leaf lettuce on a WedgeMade baguette

**\$9**

### VEGETARIAN OPTION

#### SMOKED TURKEY & PORTOBELLO MELT

smoked turkey, marinated portobello mushroom, smoked provolone, spinach, ginger garlic aioli, on a WedgeMade baguette

**\$8**

### VEGAN

#### POPCORN TOFU PO'BOY

popcorn tofu, lettuce, tomato, pickled red onion, ginger garlic aioli, sriracha lime mayo, on a WedgeMade baguette

**\$8**

### VEGETARIAN OPTION

#### REUBEN

choice of protein, sauerkraut, swiss cheese, Russian dressing on WedgeMade swirl rye

*protein options: corned beef, turkey or tempeh*

**\$8**

#### BUILD YOUR OWN SANDWICH

customize your sandwich

**\$8**